



How to seed save coriander seeds

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Did you know saving coriander seeds for cooking or growing is super simple?

At this time of year for many reasons plants like lettuce, spinach, and coriander start "bolting" (also called "flowering" and "going to seed"). They then stop being a source of food and it's tempting to pull them out. But it's super easy to save seeds to plant from scratch or use in cooking.

In particular, coriander seeds can be used in cooking when they're green or dried out, and once dried out can be used to grow new coriander plants.

To harvest and save your seeds, just let your coriander plant flower, and directly after this you'll see small green seeds on the plant. You can pick them at this time and use them in recipes that call for green coriander seeds or you can wait until they dry out and turn brown. They can then be easily removed from the stems and used recipes that call for coriander seeds used as a spice. Or you can save brown coriander seeds and plant them as seedlings.

Note:

If you put the brown coriander seeds in a jar and you notice any condensation, they might need to dry out a bit more. This can easily be done by placing them in a single layer on a piece of paper toweling.

Happy harvesting!

